



ABA SIGHTSEEING REGISTRATION 2008



Virginia Beach: Shop Like You Mean It

TOUR 1S; Sunday, February 3rd, 12:30 – 4:30pm

Just 10-minutes from the Virginia Beach Oceanfront, Lynnhaven Mall offers visitors an enormous selection of shopping with over 180 stores including Macy's, Dillard's, Abercrombie & Fitch, Brookstone, Ann Taylor Loft, Gap, Express & ExpressMen and Limited, along with choice retailers such as Banana Republic, Jessica McClintock, The Disney Store, Yankee Candle Company, and Build-A-Bear Workshop. On the way back, we'll stop by a local's favorite, Wave Riding Vehicles, for all your surf apparel needs.

TOUR 1W; Wednesday, February 6th, 1:30 – 5:30pm

Our insiders shopping tour will take you to The Shops at Hilltop, with over 100 shops including Hi Ho Silver, Bahama Shop, Decorum, Birkenstock Footprints, Whalebone Surf Shop, The Quality Shop, Mrs. Bones and more. Before heading back, we'll stop at 21st Street Art Gallery and The Freckled Fox for local artwork and home treasures.

Virginia Beach: A Whale of a Tour

TOUR 2S; Sunday, February 3rd, 12:30 – 4:30pm

TOUR 2W; Wednesday, February 6th, 1:30 – 5:30pm

Join Virginia Aquarium educators on a whale watching boat trip searching for these majestic mammals and more. Look for the fastest whale, sometimes called the greyhound of the ocean (fin whale), and the most acrobatic (humpback), combing the waters off Virginia Beach for food. Marine interpreters will give you a hands-on experience with whale artifacts. Although whale sightings are not guaranteed, we can promise you a whale of tour!

Then the Aquarium life experience continues as we tour the Virginia Aquarium & Marine Science Center, one of the best aquariums and live animal habitats in the country. Over 700,000 gallons of aquariums house native Virginian sea life including everything from sharks to jellyfish. Check out our many hands-on exhibits, touch pools, an outdoor aviary and a nature trail that connects two buildings. And learn about what's to come with the Aquarium's \$25 million renovation, **Restless Planet**, opening early 2009. Refreshments will be offered by the Aquarium's caterer, Sodexo.



Virginia Beach: Settlers.....From Land to Sea

TOUR 12; Wednesday, February 6th, 1:30 – 5:30pm

Experience history by the sea! Visit one of the oldest brick homes in America, the Adam Thoroughgood House. Built in circa 1719, it resembles an English country cottage and is completely furnished with pieces authentic to the time period. At the 200-year-old Francis Land House and Gardens, tour the beautiful home occupied by seven generations of the Land family! Guiding ships and sailors into port for over 200 years, you will view the two Cape Henry Lighthouses. A climb to the top of the Old Cape Henry Lighthouse built in 1792, offers a great view of the Atlantic Ocean and the Chesapeake Bay, as well as a gift shop full of lighthouse souvenirs! The First Landing Cross at Cape Henry represents the spot where settlers from England first landed in the "New World" in 1607, prior to developing the settlement at Jamestown. **Photo I.D. required.**



Virginia 
is for Lovers™

Contact: Maria Aragon, maragon@vbgov.com • 800-700-7702
2008 Sightseeing Tours — Sunday, February 3rd and Wednesday, February 6th
www.vbfun.com • www.catchawave.travel



Virginia Beach: Kayaking and Biking. Experience Real Virginia Nature

TOUR 3S; Sunday, February 3rd, 12:30 – 4:30pm

TOUR 3W; Wednesday, February 6th, 1:30 – 5:30pm

Experience the beautiful First Landing State Park from the water and the land. The park includes over 2800 acres of forest, marsh and bays. At First Landing, within the subtropical plants and cypress trees, you may also encounter turtles, frogs, and an abundance of owls, osprey, great blue herons, egrets, and pelicans. There are 19 miles of walking trails as well as one biking trail which is 6 miles....each way! From the Chesapeake Bay, you can explore the many lagoons that form a picture perfect opportunity. Speaking of which, don't forget to bring along your camera and your binoculars for a close up view of the color wildlife that will surround you on your adventure into this majestic park. No experience is necessary; all equipment will be provided. Approximate biking distance: 4 miles.

Virginia Beach: Get Hooked on Virginia Beach

TOUR 6; Sunday, February 3rd, 12:30 – 4:30pm

Join us for a reel good time! Enjoy the pristine waters of the Chesapeake Bay and don't forget to bring your camera. The Chesapeake Bay is our Nation's largest estuary and home to one of the "Seven Engineering Wonders of the Modern World," the Chesapeake Bay Bridge Tunnel. Powhatan Indians called the waters off the Virginia coast "Chesepiooc," which means "Great Shellfish Bays." The views are off the hook! Rods, reels and bait will be provided by the trained staff of the Lynnhaven Seafood & Fishing Center. A special sea-worthy box lunch will be provided.



Virginia Beach: Edgar Cayce's Association for Research and Enlightenment (A.R.E.) — Exploring the Mystery of Your Body, Mind & Spirit

TOUR 4S; Sunday, February 3rd, 12:30 – 4:30pm

TOUR 4W; Wednesday, February 6th, 1:30 – 5:30pm

Edgar Cayce is the most documented psychic of all times. Your tour will give you firsthand experience as to why Edgar Cayce's A.R.E. (founded in 1931 by Edgar Cayce himself) has expanded to include 33 international Edgar Cayce centers and activities in more than 70 countries. A.R.E.'s motto is "helping people change their lives for the better – physically, mentally, and spiritually." You will be taken on a tour of the facilities, including the A.R.E. Library (one of the largest metaphysical libraries in the country), participate in an entertaining lecture/workshop on dream interpretation, have an experience in meditation or hypnotherapy, have a gentle spinal massage (clothes on) from graduates of the Cayce/Reilly School of Massotherapy, see a 1/2-hour movie on Cayce's life and work, and enjoy lunch! This tour is guaranteed to enlighten, entertain and energize you!

Virginia Beach: The Art of Matchmaking for the Perfect Pairs at The Founders Inn and Spa

TOUR 5S; Sunday, February 3rd, 12:30 – 4:30pm

TOUR 5W; Wednesday, February 6th, 1:30 – 5:30pm

Led by the expertise of our own sommelier and culinary staff under the guidance of our Executive Chef, we will unveil the art of pairing elegant wines and delicious cuisine. During this dining exhibition, we will demonstrate the flavor combinations of fine wines and fresh ingredients — all indigenous to the area. Then delight in the best that the mid-Atlantic region has to offer as you savor these flavor combinations, while being pampered by a renowned banquet team. Following the meal, explore 26 beautifully-landscaped acres, an elegant Colonial garden, individually-decorated guest rooms and suites, three restaurants, including Swan Terrace, and the recent \$5 million addition, The Flowering Almond Spa...the only world-class, resort style spa in our region.



Catch A Wave City: Hampton Earth, Moon, Mars & Beyond

TOUR 7; Sunday, February 3rd, 12:30 – 4:30pm

Tour Hampton, birthplace of NASA and training ground for the Mercury Seven. At the Virginia Air & Space Center, come face to face with the Apollo 12 Command Capsule, see a moon rock and a Mars meteorite. "Wing Walk" on a vintage Jenny, see a replica 1903 Wright Flyer, pilot a DC-9 or ride in a WWII bomber! Learn of past lunar explorations and future missions to Mars and beyond! See the latest IMAX® and take a spin on the 1920 Hampton Carousel before re-entry to Virginia Beach!



Catch A Wave City: Hampton Hampton Haunts, History and Treasures

TOUR 13; Wednesday, February 6th, 1:30 – 5:30pm

As America's oldest continuous English-speaking settlement, it's only natural that Hampton should have its share of the supernatural. The spirits of Abraham Lincoln and confederate president Jefferson Davis are said to haunt this moated fortress, Fort Monroe. A visit to the Casemate Museum will let you decide if these "hauntings" are fiction or fact. Be "captivated" by pirates at the Hampton History Museum and find a few treasures you can take home at the warehouse sale of the Hampton Brass Shop. **Photo I.D. required.**

Catch A Wave City: Portsmouth Discover Portsmouth...A Quaint, Historic Seaport

TOUR 8; Sunday, February 3rd, 12:30 – 4:30pm

Take a narrated driving tour through Olde Towne Portsmouth, featuring one of the most diverse collections of antique homes on the East Coast. See where Cornwallis was headquartered just before sailing to Yorktown, Civil War sites, and English basement homes built by sea captains. For the history on the naval shipping, visit our Naval Shipyard Museum and experience a steady stream of vessels, from pleasure craft to aircraft carriers, and a wonderful collection of antique cannons. At the new Virginia Sports Hall of Fame and Museum, you can play your way into sports. Dribble a basketball, toss a football, or pitch a baseball at this interactive state-of-the-art museum. Spend some "free time on your own" strolling our eclectic mix of specialty shops, trendy shops, and art galleries.



Catch A Wave City: Portsmouth Discover Portsmouth...Steeple, History & More

TOUR 14; Wednesday, February 6th, 1:30 – 5:30pm

Take a narrated driving tour through Olde Towne Portsmouth, featuring one of the most diverse collections of antique homes on the East Coast. See where Cornwallis was headquartered just before sailing to Yorktown, civil war sites, and English basement homes built by sea captains. Tour Trinity Episcopal Church, the oldest church in Portsmouth, where you'll find magnificent Tiffany windows and three White Friars windows. Stop at Emmanuel A.M.E. Church, Portsmouth's oldest African-American Church and hear three centuries of stories, legends and lore. Visit the new Virginia Sports Hall of Fame and Museum and play your way into sports. Dribble a basketball, toss a football, or pitch a baseball at this interactive state-of-the-art museum. Spend some "free time on your own" strolling our eclectic mix of specialty shops, trendy shops, and art galleries.



THE MACARTHUR M



Catch A Wave Cities: Virginia Beach & Norfolk Virginia Beach/Norfolk Military Tour – Rediscover Your Freedom

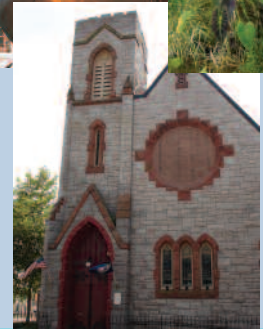
TOUR 15; Wednesday, February 6th, 1:30 – 5:30pm

Start off touring the world's largest naval base, Naval Station Norfolk, home port of giant aircraft carriers, destroyers and submarines. Next, visit the MacArthur Memorial, final resting place of Five Star General Douglas MacArthur. Here you can discover artifacts and archives on the life of this important figure in American History. Finish off your tour at NAS Oceana, the largest jet base on the East Coast, home of more than 250 jets, including the F/A 18 Hornets and a variety of other support commands. Then step into the only Aviation Historical Park that you can visit and stand next to 13 different types of aircraft. A military experience you don't want to miss! **Photo I.D. Required**

Catch A Wave Cities: Virginia Beach & Norfolk Virginia Beach/Norfolk Ghost Tour – Sea Legends & Haunts of the Atlantic

TOUR 9; Sunday, February 3rd, 12:30 – 4:30pm

Walk the streets once traveled by Jack the Ripper hearing tales of Norfolk haunts. Attempt to escape the ghosts and relax with a unique culinary treat at the 133-year-old church turned restaurant, Freemason Abbey. Bid farewell to the Freemason Abbey's own ghost before you are taken to the Oceanfront to tour the beautiful boardwalk. Step foot inside the Old Coast Guard Station and learn about the horrific shipwrecks and heroic rescues. The 1903 Virginia Beach Life-Saving Station was part of the 1878 US Life-Saving Service and became a Coast Guard station in 1915. A keeper and his crew of surfmen would be on the watch for shipwrecks either from the station tower or foot patrols along the beach. In the event of a shipwreck, they would attempt a rescue with a surfboat, lifecar, or breeches buoy. Boxed lunch included on tour.



Catch A Wave City: Norfolk Norfolk's Culture, Wine & Dine

TOUR 10; Sunday, February 3rd, 12:30 – 4:30pm

Start at the Hermitage Foundation Museum, touring the 1908 English Tudor Style home, discovering secret passageways and an extraordinary trip through antiquity. Relax with a wine reception before heading to see the world's largest collection of Tiffany glass at the Chrysler Museum of Art. We hope you save room for dessert at Rowena's, where you will savor nationally-acclaimed cakes and desserts as well as a tour of the factory. Boxed lunch included on tour.



Catch A Wave City: Norfolk Harbor Waterway Tour & Beautiful Gardens

TOUR 11; Sunday, February 3rd, 12:30 – 4:30pm

Step aboard the Spirit of Norfolk and enjoy an impressive lunch buffet while taking in the views of the spectacular skyline and numerous ships sailing about the harbor. Further indulge your senses with a wine tasting followed by live Broadway style entertainment. Your cruising experience along the Elizabeth River will undoubtedly enhance your knowledge of wine with our guest sommelier highlighting popular selections and the Spirit staff aiming to delight. Get your land legs back as you take a riding tour through Norfolk Botanical Garden. Relax on your journey through the 155 acres of over 30 themed gardens.





2008 ABA SIGHTSEEING OFFICIAL REGISTRATION FORM

- Tours are open to all ABA Marketplace 2008 registered delegates.
- On Sunday, February 3rd, tours will run from 12:30 to 4:30 pm. On Wednesday, February 6th, tours will run from 1:30 to 5:30 pm.
- Tours will depart promptly at the indicated times from the Virginia Beach Convention Center.
- Please select two tours for each day, ranked in order of preference.
- Space is limited. Sightseeing tours will be filled on a first-come, first served basis.
- If you have not checked in 15 minutes prior to tour departure, your seat may be given to a delegate on the waiting list.
- Photo ID required for all military tours.

Sunday, February 3rd, 12:30 – 4:30 pm

- _____ TOUR 1S: Shop Like You Mean It
- _____ TOUR 2S: A Whale of a Tour
- _____ TOUR 3S: Kayaking and Biking Experience Real Virginia Nature
- _____ TOUR 4S: Edgar Cayce's A.R.E. Exploring the Mystery of Your Body, Mind & Spirit
- _____ TOUR 5S: The Art of Matchmaking for the Perfect Pairs at the Founders Inn and Spa
- _____ TOUR 6: Get Hooked on Virginia Beach
- _____ TOUR 7: Earth, Moon, Mars & Beyond
- _____ TOUR 8: Discover Portsmouth...A Quaint, Historic Seaport
- _____ TOUR 9: Ghost Tours – Sea Legends & Haunts of the Atlantic
- _____ TOUR 10: Norfolk's Culture, Wine & Dine
- _____ TOUR 11: Harbor Waterway Tour & Beautiful Gardens

Wednesday, February 6th, 1:30 - 5:30 pm

- _____ TOUR 1W: Shop Like You Mean It
- _____ TOUR 2W: A Whale of a Tour
- _____ TOUR 3W: Kayaking and Biking Experience Real Virginia Nature
- _____ TOUR 4W: Edgar Cayce's A.R.E. Exploring the Mystery of Your Body, Mind & Spirit
- _____ TOUR 5W: The Art of Matchmaking for the Perfect Pairs at the Founders Inn and Spa
- _____ TOUR 12: Settlers...From Land to Sea
- _____ TOUR 13: Hampton Haunts, History and Treasures
- _____ TOUR 14: Discover Portsmouth...Steeple, History & More
- _____ TOUR 15: Military Tour – Rediscover Your Freedom

Name: _____

Company: _____

Address: _____

City: _____ State/Province: _____ Zip Code: _____

Phone: _____ Fax: _____

Email: _____ Website: _____

Please list any special needs: _____

Registration Deadline: Thursday, November 15, 2007

You will receive confirmation of your tour selections in early December.

Register on-line at either www.vbfun.com/ABA2008 or

www.buses.org/marketplace or mail

or fax form to:

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